



BUILDING A FRAMEWORK FOR FAITH

THE FAITH FIVE

Each and every night we ask our families to turn off the television, put down the newspaper, log off the computer and invest five minutes – either during dinner or just before the youngest goes to sleep – to do these five simple steps.

- 1. SHARE** highs and lows of the day.
- 2. READ** and highlight a verse of scripture in your Bible.
- 3. TALK** about how the verse relates to your highs & lows.
- 4. PRAY** for your highs and lows, for your family, and for the world.
- 5. BLESS** one another. Make a sign of the cross on the forehead and finish off with a kiss.



Practicing THE FAITH FIVE keeps us connected to one another in our families and to God. It helps to raise stronger, healthier, happier children and adults.

To learn more about THE FAITH FIVE visit the Faith Inkubator's web site at:
www.faithink.com/Inkubators/f5.asp

BIBLE VERSES FOR EACH DAY OF THE MONTH

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| 1. Matthew 3:16-17 | 12. Romans 15:13 | 23. Ezekiel 37:1-14 |
| 2. John 3:6-8 | 13. Acts 10:38 | 24. Acts 2:1-11 |
| 3. John 15:1-8 | 14. Ezekiel 36:26-27 | 25. Romans 8:22-27 |
| 4. Romans 8:26 | 15. Acts 4:31 | 26. John 15:26-27 |
| 5. John 14:26 | 16. Romans 5:3-5 | 27. John 16:12-15 |
| 6. Galatians 5:22-23 | 17. Luke 4:1 | 28. Acts 1:8 |
| 7. Acts 2:38 | 18. John 20:21-23 | 29. Acts 19:1-6 |
| 8. 1 Corinthians 6:19 | 19. Luke 4:18 | 30. Galatians 4:6 |
| 9. John 14:15-17 | 20. Psalm 51:11 | 31. Romans 8:11-17 |
| 10. Isaiah 11:2 | 21. Matthew 10:20 | |
| 11. 2 Corinthians 2:13 | 22. Job 33:4 | |